



Geeta Maharjan is a 51-year-old, female from Harisiddhi, Lalitpur. She came in contact with NHF with her husband Rajan Maharjan. She has had shortness of breath (SOB), which she has been treating with traditional treatment. One day, she complained about excessive breathing difficulty, she was taken to the Alka Hospital, where she was identified with heart disease and was referred to Shahid Gangalal National Heart Center (SGNHC). There she was diagnosed

with RHD. She was asked to undergo surgical intervention. Due to lack of funding, her family was withheld from undergoing surgical intervention.

As per her family history, she has 5 daughters and one son. Three of the daughters were married and one son is still to be married. Her husband is the only one who is responsible for her financial arrangement and he owns a small store. The earning from the store were just sufficient enough to look after family necessities. When, Geeta had to undergo surgical intervention, they had difficulty managing the fund, so they had to withhold the surgical intervention and look for management of the fund.

As per her husband, she had a paralytic attack due to a valve problem two years ago and for which she was treated in Teaching Hospital. It gave her some relief but still, she is having a slurred voice.

She was admitted to Shahid Gangalal National Heart Centre with a diagnosis of RHD, Moderate MS, Moderate-Severe MR, Moderate TR, and Severe PAH on November 24, 2020. She had a case history of shortness of breath x 1 year along with on and off palpitation. She had her operation on November 30, 2020. Her operative findings were: dilated LA, RA, and RV. MV: stenotic orifice, fused commissure, heavily calcified AML, and PML. Moderate TR on saline test and post trace TR. An operative procedure of MVR+TV repair and LAA ligation was done with improved outcomes. At present, she is doing better than before but still complains of some SOB.